

FRIDAY, APRIL 28		BALLROOM	MEETING ROOM
8:30 A.M. - 9:45 A.M.	Owner's Manual to Lifelong Wellness <b>JARED ZEFF, ND</b>		
EXHIBITOR BREAK			
10:30 A.M. - 12:00 P.M.	An ND's Journey With Breast Cancer: My Cups are Half Full <b>MOLLY NIEDERMEYER, ND, LM</b>	Pharmacologic & Non-Pharmacologic Interventions in Primary Care with a Q&A on Adolescent Issues <b>ALEXANDER GOUMENIOUK, MD, FRCP, FAPA</b>	
LUNCH EAST PARKVIEW TERRACE			
1:15 P.M. - 2:45 P.M.	Andro-Dwindle: Natural Strategies for Andropause <b>JONATHAN V. WRIGHT, MD</b>	How the Environment Can Affect Brain Functioning, Health and Well-Being <b>HELEN IRLIN, MA</b>	
EXHIBITOR BREAK			
3:30 P.M. - 5:30 P.M.	Perspectives on Women's Health & BHRT; Thyroid: Treatment of rT3, TSH & Hyperthyroidism <b>JONATHAN V. WRIGHT, MD</b>	Advanced Transgenerational Prescribing—a Homeopathic Perspective in the Treatment of the New Epidemics <b>GURINDER DAYAL, ND</b>	SPONSORED BY 
7:30 P.M.	THE DR. CHRIS TURNER RECEPTION WITH LIVE MUSIC FROM MIKE MASSÉ AND FRIENDS		
SATURDAY, APRIL 29		BALLROOM	MEETING ROOM
8:30 A.M. - 10:00 A.M.	Nutritional Solutions for the Emerging Epidemic of Fatty Liver <b>ROBERT ROUNTREE, MD</b> SPONSORED BY 	A Cutting-Edge Breakthrough: Take Your Practice to a New Level with Fast & Permanent Relief From Traumatic Memories <b>ZENSHO GABRIEL &amp; PATRICK CALLAS, ND</b>	
EXHIBITOR BREAK			
10:45 A.M. - 12:15 P.M.	Epigenetics and the Microbiome: A Critical Evaluation, from Neonatal Allergy to Alzheimer's <b>NIGEL PLUMMER, PHD</b> SPONSORED BY 	How I Use Diagnostic Testing Clinically in an Integrated Physiologic Practice <b>CLARE WESTMACOTT, MD</b> SPONSORED BY 	
LUNCH EAST PARKVIEW TERRACE			
1:30 P.M. - 3:00 P.M.	The Umbrella Effect: Strategies to Support Pediatric Mental Well Being in Family Practice <b>JEN FORRISTAL, ND</b>	Relevant Primary Care Grand Rounds: 15 Elders, 15 Topics to Choose From	
EXHIBITOR BREAK			
4:00 P.M. - 5:30 P.M.	Metabolism & Vitality in Aging Patients: A Botanical Medicine Perspective <b>JILLIAN STANSBURY, ND</b>	Relevant Primary Care Grand Rounds: 15 Elders, 15 Topics to Choose From	
6:30 P.M.	SATURDAY EVENING DINNER CRUISE: HARBOUR CRUISE, BUFFET DINNER, DANCING WITH DJ		

8:30 A.M. - 10:30 A.M.

Nutrition Update: Research and Pearls for Clinical Practice  
**ALAN GABY, MD**

No concurrent

EXHIBITOR BREAK

11:30 A.M. - 1:00 P.M.

Sustainable Holistic Health & the Art of Deep Nature Connection  
**NICOLE APELIAN, PHD**

No concurrent

**EMCEE - DR. RICK KIRSCHNER**



We are privileged to have Dr. Rick Kirschner return as our emcee. Dr. Kirschner is the creator and developer of a powerful approach to dealing with change that unlocks creativity, enhances team communication and increases commitment, using a palette of essential attitudes, behaviors and skills for communication and cooperation.

In keynote speeches for association events and conferences, in seminars and training for Fortune 1000 companies, and at executive retreats, he has helped his audiences find the motivation to do the important work today for creating a better tomorrow.

Dr. Kirschner is a best selling author of numerous books and multimedia programs, including the international bestseller (now in a third revised edition, over 2 million sold!) , *Dealing With People You Can't Stand: How To Bring Out The Best In People At Their Worst, Love Thy Customer, Life By Design*, and the comprehensive communication program, *Insider's Guide To The Art of Persuasion*. In 2011, his book *How To Click With People: The Secret To Better Relationships In Business and In Life*, was published by Hyperion Books.

A 1981 graduation of the National College of Natural Medicine, Dr. Kirschner is a naturopathic physician, a long-time faculty member with the Institute for Management Studies, a thought leader with Athena Interactive and CanDoGo. He has worked with some of the world's best known organizations, including Argonne National Laboratory, Heineken, NASA, Progressive Insurance, the U.S. Army and National Guard, Starbucks , Toyota, Toys R' Us, and Texas Instruments.

Dr. Kirschner has delivered his expertise in thousands of radio and television appearances, interviews, newspaper and magazine articles, from CNBC and CBC to FOX, the Wall Street Journal to the USA Today. Learn more at [TheArtofChange.com](http://TheArtofChange.com)

**ENTERTAINMENT**



**MIKE MASSÉ AND FRIENDS**



**DR. CHRIS TURNER SPONSOR**

Our convention entertainment includes the Saturday harbour cruise, buffet dinner and DJ dance on the MV Pride of Vancouver. In addition, Dr. Chris Turner has generously sponsored the Friday evening reception at Steamworks Brewing.

Join us for live music with Mike Massé and friends, as well as an option to join in a late night jam session.